

| Pl | Name | Club | S1 | | S2 | | Time | Diff. |
|----------------|----------------------|-------------------|--------|---|-------|---|--------|-------|
| M14 (4) | | | | | | | | |
| 1 | Anghel Ionut | CS Athletic Roman | 14:39 | 1 | 14:08 | 1 | 28:47 | 0:00 |
| 2 | Halmagiu Razvan | Chimia Victoria | 16:33 | 2 | 20:32 | 3 | 37:05 | +8:18 |
| 3 | Halmagiu Patrick | Chimia Victoria | 22:42 | 4 | 15:43 | 2 | 38:25 | +9:38 |
| 4 | Pascu Nicolae | Chimia Victoria | 20:36 | 3 | 21:51 | 4 | 42:27 | 13:40 |
| M21 (5) | | | | | | | | |
| 1 | Pricop Paul | CSU Brasov | 57:11 | 1 | 13:35 | 1 | 70:46 | 0:00 |
| 2 | Bostan Adrian | CSU Brasov | 59:51 | 2 | 17:55 | 4 | 77:46 | +7:00 |
| 3 | Grecu Mihnea | Mentor Silva | 107:02 | 3 | 18:11 | 5 | 125:13 | 54:27 |
| | Grecu Horatiu | Mentor Silva | mp | | 16:20 | 3 | | |
| | Raduly Robert Kalman | VSK Csikszereda | | | 15:49 | 2 | | |
| M40 (3) | | | | | | | | |
| 1 | Urdea Gheorghe | Chimia Victoria | 53:53 | 1 | 18:09 | 1 | 72:02 | 0:00 |
| 2 | Szasz Janos | VSK Csikszereda | 68:44 | 2 | 18:10 | 2 | 86:54 | 14:52 |
| 3 | Cretu Ilie | PC Iasi | 70:46 | 3 | 18:25 | 3 | 89:11 | 17:09 |
| F14 (6) | | | | | | | | |
| 1 | Pop Diana | Chimia Victoria | 12:01 | 1 | 13:08 | 1 | 25:09 | 0:00 |
| 2 | Pascu Ana | Chimia Victoria | 15:14 | 2 | 17:25 | 3 | 32:39 | +7:30 |
| 3 | Gavrilescu Mona Lisa | CS Athletic Roman | 19:36 | 4 | 14:56 | 2 | 34:32 | +9:23 |
| 4 | Podaru Ioana | CS Athletic Roman | 19:30 | 3 | 21:05 | 4 | 40:35 | 15:26 |
| 5 | Popistasu Elena | PC Iasi | 30:03 | 6 | 25:31 | 5 | 55:34 | 30:25 |
| | Sufaru Mirabela | CS Athletic Roman | 23:12 | 5 | mp | | | |
| F18 (1) | | | | | | | | |
| | Raduly Reka | VSK Csikszereda | | | 16:04 | 1 | | |
| F21 (4) | | | | | | | | |
| 1 | Anghel Andra | CSU Craiova | 71:59 | 2 | 13:16 | 1 | 85:15 | 0:00 |
| 2 | Cretu Ecaterina | PC Iasi | 65:08 | 1 | 38:05 | 4 | 103:13 | 17:58 |
| 3 | Hociung Daniela | CS Athletic Roman | 120:17 | 3 | 17:18 | 2 | 137:35 | 52:20 |
| | Raduly Anna Maria | VSK Csikszereda | | | 17:50 | 3 | | |
| OP (6) | | | | | | | | |
| 1 | Buzdugan Petru | MTB Roman | 22:23 | 2 | 22:23 | 1 | 44:46 | 0:00 |
| 2 | Voinea Nicolas | MTB Roman | 26:51 | 5 | 26:51 | 3 | 53:42 | +8:56 |
| 3 | Fieru Dani | MTB Roman | 24:38 | 4 | 29:09 | 4 | 53:47 | +9:01 |
| | Fieru Adrian | MTB Roman | mp | | 25:21 | 2 | | |
| | Perianu Florica | Cronos Barlad | 13:03 | 1 | | | | |
| | Buzdugan Stefan | MTB Roman | 22:23 | 2 | | | | |