

| DATE TEHNICE |              |           |      |                |           |      |                |           |      |
|--------------|--------------|-----------|------|----------------|-----------|------|----------------|-----------|------|
| Categorie    | SPRINT       |           |      | LUNGA DISTANTA |           |      | MEDIE DISTANTA |           |      |
|              | Lungime [km] | Nivel [m] | P.C. | Lungime [km]   | Nivel [m] | P.C. | Lungime [km]   | Nivel [m] | P.C. |
| F10          | 1.79         | 45        | 7    | 1.93           | 40        | 9    | 2.26           | 55        | 9    |
| F12          | 2.18         | 55        | 11   | 1.73           | 45        | 9    | 2.33           | 65        | 10   |
| F14          | 2.04         | 60        | 10   | 2.53           | 105       | 9    | 2.65           | 65        | 11   |
| F16          | 2.25         | 70        | 12   | 3.53           | 145       | 13   | 2.81           | 90        | 10   |
| F18          | 2.60         | 95        | 15   | 3.64           | 165       | 13   | 3.07           | 105       | 14   |
| F21          | 2.99         | 110       | 17   | 6.61           | 255       | 23   | 3.86           | 150       | 17   |
| F35          | 2.89         | 110       | 16   | 5.72           | 190       | 24   | 3.55           | 130       | 14   |
| F40          | 2.75         | 90        | 13   | 5.18           | 180       | 16   | 3.53           | 140       | 16   |
| F45          | 2.67         | 85        | 17   | 4.11           | 150       | 15   | 3.40           | 120       | 16   |
| F50          | 2.23         | 80        | 14   | 3.69           | 135       | 15   | 3.32           | 115       | 14   |
| F55          | 1.89         | 75        | 13   | 3.02           | 80        | 10   | 2.97           | 105       | 12   |
| F60          | 1.89         | 75        | 13   | 3.02           | 80        | 10   | 2.97           | 105       | 12   |
| F65          | 1.70         | 60        | 11   | 2.00           | 50        | 9    | 2.23           | 65        | 10   |
| F70          | 1.70         | 60        | 11   | 2.00           | 50        | 9    | 2.23           | 65        | 10   |
| F75          | 1.70         | 60        | 11   | 2.00           | 50        | 9    | 2.23           | 65        | 10   |
| F80          | 1.70         | 60        | 11   | 2.00           | 50        | 9    | 2.23           | 65        | 10   |
| M10          | 1.79         | 45        | 7    | 1.93           | 40        | 9    | 2.26           | 55        | 9    |
| M12          | 2.04         | 60        | 10   | 2.53           | 105       | 9    | 2.65           | 65        | 11   |
| M14          | 2.25         | 70        | 12   | 3.53           | 145       | 13   | 2.81           | 90        | 10   |
| M16          | 2.60         | 95        | 15   | 3.64           | 165       | 13   | 3.07           | 105       | 14   |
| M18          | 2.89         | 110       | 16   | 5.72           | 190       | 24   | 3.55           | 130       | 14   |
| M21          | 3.47         | 130       | 20   | 8.21           | 335       | 33   | 4.43           | 170       | 22   |
| M35          | 2.99         | 110       | 17   | 6.61           | 255       | 23   | 3.86           | 150       | 17   |
| M40          | 2.89         | 110       | 16   | 5.72           | 190       | 24   | 3.55           | 130       | 14   |
| M45          | 2.75         | 90        | 13   | 5.18           | 180       | 16   | 3.53           | 140       | 16   |
| M50          | 2.67         | 85        | 17   | 4.11           | 150       | 15   | 3.40           | 120       | 16   |
| M55          | 2.23         | 80        | 14   | 3.69           | 135       | 15   | 3.32           | 115       | 14   |
| M60          | 1.89         | 75        | 13   | 3.02           | 80        | 10   | 2.97           | 105       | 12   |
| M65          | 1.89         | 75        | 13   | 3.02           | 80        | 10   | 2.97           | 105       | 12   |
| M70          | 1.70         | 60        | 11   | 2.00           | 50        | 9    | 2.23           | 65        | 10   |
| M75          | 1.70         | 60        | 11   | 2.00           | 50        | 9    | 2.23           | 65        | 10   |
| M80          | 1.70         | 60        | 11   | 2.00           | 50        | 9    | 2.23           | 65        | 10   |
| M85          | 1.70         | 60        | 11   | 2.00           | 50        | 9    | 2.23           | 65        | 10   |
| Open         | 2.18         | 55        | 11   | 1.73           | 45        | 9    | 2.33           | 65        | 10   |
| Open Tehnic  | 2.89         | 110       | 16   | 5.72           | 190       | 24   | 3.55           | 130       | 14   |
| Family       | 2.18         | 55        | 11   | 1.73           | 45        | 9    | 2.33           | 65        | 10   |