

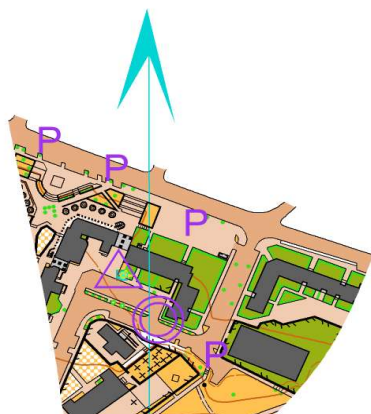


1st Braşov Mini Winter O-Camp

Vineri: Cartier Răcădau (Braşov) start 17:30 maxim 18:30 (startul este liber din minut in minut)

Distanţa 3,4km variantă

Parcare 45.63695569412367, 25.612434914111613

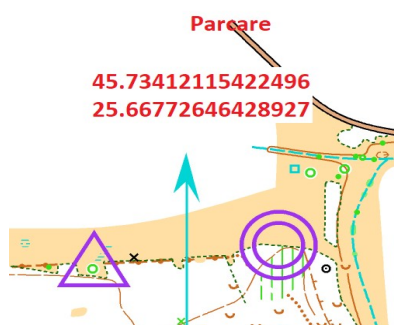


Strada Jepilor 1, Braşov 500295
45.63693915405727, 25.61244843162334

Sâmbătă : Lempuş start 15:00 maxim 16:30 (starul este liber din 2 in 2 minute)

Avem 3 dificultăţi, Elita 5,4 km (harta fara poteci) Incepatori 2,6 km, Kid's 1,6

Coordonate parcare 45.73383154469343, 25.668173716009573



45.73412115422496
25.66772646428927

Duminică: Reci

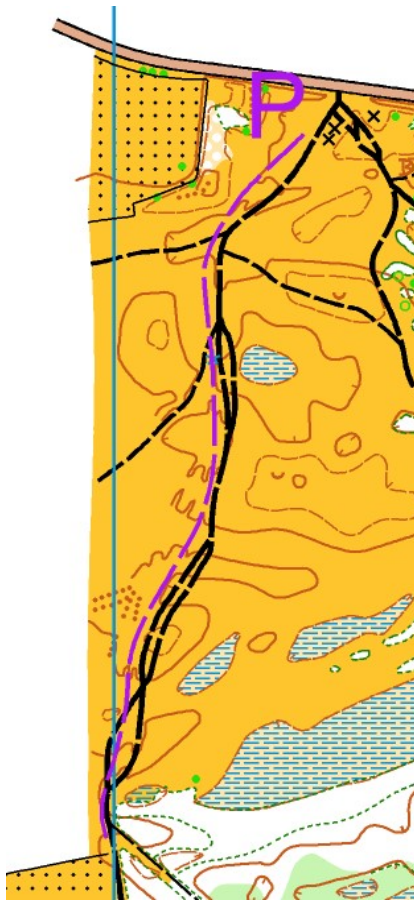
Start 1- ora 10:00/ antrenament Elit 5-8 km Incepatori 2,5km

Start 2 – ora 12:00 / sprint 2,7 km

Start 3 – ora 15:00/ antrenament Elit 4,5km Incepatori 2 km

Coordonate parcare 45.835036119180494, 25.93428802669565

Antrenamente tip multitehnică, sprint pădure si start in paralel



Luni: Reci

Start 1 – ora 10:00 / antrenament multitehnică Elită 6-10km Incepatori 3 km

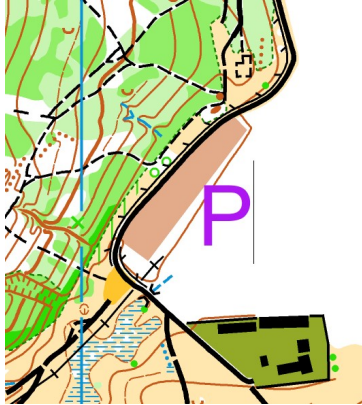
Start 2 – ora 15:00/ antrenament One Man Relay Elită 5 km Incepatori 2,5 km

Coordonate parcare 45.835036119180494, 25.93428802669565

Marți:

Start – ora 10:00 / antrenament multitehnică Elită 8km Incepatori 3 km

Coordonate parcare 45.62935258566426, 25.51051134978857



Termen final de inscriere Vineri, ora 12

Intrebari la Fubyboy@gmail.com sau WhatsApp: 0751732589 (Ionuț).

Cost antrenament 5 lei.

fuby.info By Running Addicted